

教育学研究科・グローバル教育展開オフィス

張 蕾・教育認知心理学コース・博士後期課程3年

国際学会：21st European Conference on Personality, ECP

参加地・期間：Humboldt University of Berlin・2024/ 8/ 5-9

発表題目：The relationship between Conscientiousness and obsessive-compulsive symptoms : Evidence from the bi-factor model

成果の概要

Attending the 21st ECP for the first time was an enriching experience. This conference, renowned for attracting personality researchers from around the world, focuses exclusively on the specialized field of personality psychology. The event provided me with invaluable insights and opportunities, marking a significant milestone in my academic journey.

At first, I did an oral presentation. The session was well-attended, with the classroom nearly filled. The positive feedback I received from attendees was both encouraging and affirming. It reinforced my commitment to continuing my research on the dual aspects of conscientiousness, a topic that I am passionate about. The constructive comments from my peers were instrumental in refining my approach and deepening my understanding of this complex construct.

The conference also offered a rich array of research reports, covering the latest developments and perspectives in the field of personality, particularly regarding the measurement and evolution of conscientiousness trait. Each presentation provided fresh insights and innovative methodologies, which are crucial for developing my future postdoctoral research plan. The exposure to diverse research approaches and findings broadened my perspective and offered practical ideas for enhancing my work.

A highlight of the conference was the opportunity to engage directly with presenters. I proactively initiated discussions with several researchers whose work I found particularly compelling. These interactions allowed me to explore how their research could inform and complement my own. The conversations not only provided new ideas for my current projects but also opened doors for potential future collaborations. This exchange of ideas is a valuable aspect of academic conferences, as it fosters cross-cultural and interdisciplinary cooperation.

In addition to these interactions, I made significant connections with prominent figures in the field. I established contact with Professor Oshio from Waseda University, a leading Japanese expert in personality research. Our discussions about potential future collaborations were promising and could lead to exciting opportunities for joint research endeavors.

The conference also highlighted the European Association of Personality Psychology's commitment to fostering academic exchanges in the next year. The organization is actively recruiting PhD and postdoctoral researchers to participate in academic activities in Europe's institutes. This initiative is a testament to the society's dedication to advancing the field through international collaboration. From my experience at the conference, I identified the research teams led by Professor René Mõttus at the University of Edinburgh and Professor Paul Irwing at the University of Manchester as ideal partners for this academic exchange. Both teams are renowned for their contributions to personality psychology, and collaborating with them would be a significant advantage for my research career.

As a third-year PhD student, attending this conference was especially timely. It prompted me to consider the direction of my research beyond the completion of my PhD program. The knowledge and connections gained from the conference are pivotal as I plan my postdoctoral research and explore new academic opportunities. The experience underscored the importance of engaging with the global research community and provided a clear vision for the next steps in my academic career.

Overall, the 21st ECP was a pivotal event in my professional development, and I will try my best to continue attending this series of conferences in the future. It not only enhanced my understanding of the latest research trends but also strengthened my network of collaborators. The insights gained and connections made will undoubtedly shape the trajectory of my research and academic pursuits in the years to come.